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Natural Bioactive Compounds from Fruits and Vegetables as Health Promoters: Part 1

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About the eBook

The book set is an essential handbook for anyone interested in the natural product chemistry of these common crops. Part 1 of this set covers details about different fruits (banana, citrus fruits, pears, etc.). Part 2 covers legumes, nuts, seeds and cereals.

Contents

- Bioactive Compounds and Health-Promoting Properties of *Ficus carica* (L.): A Review
- Bioactive Compounds of Citrus as Health Promoters
- Bioactive Compounds of Apples and Pears as Health Promoters
- Stone Fruits as a Source of Bioactive Compounds
- Pomegranate (*Punica granatum*): A Natural Approach to Combat Oxidative Stress-Related Diseases
- Nutritional and Functional Properties of Edible Berries: Implications For Health Claims
- Bioactive Compounds of Tropical Fruits as Health Promoters
- Bioactive Compounds from Amazonian Fruits and their Antioxidant Properties
- Bioactive Compounds of Banana as Health Promoters

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