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An Ecological Perspective on Health Promotion Systems, Settings and Social Processes

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About the ebook

This e-book applies examples from evaluation studies to explore basic health promotion principles. A multiple settings approach is covered by analyzing participants' perceptions of the family, leisure and school settings. Development of healthy public policy is also discussed with reference to influences by political developments.

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- ▶ List of Contributors
- ▶ Introduction to Health Promotion
- ▶ From Associations to Processes
- ▶ Health Behaviour in Context
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- ▶ Relationship Education to Promote Family Health

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