



E-book Price

US\$ 89.00

Print-on-Demand

US\$ 117.00

Institutional E-Book Price

US\$ 356.00

Editor:
Tommy Boone

eISBN: 978-1-68108-321-6

ASEP's Exercise Medicine Text for Exercise Physiologists

www.ebooks.benthamscience.com/book/9781681083216/

About the eBook

This textbook demonstrates the importance of exercise medicine, and will familiarize readers with ASEP guidelines. Exercise physiologists in training will, therefore, be prepared for contributing a meaningful role in the healthcare services sector.

Contents

- Regular Exercise and Disease Prevention
- Cardiopulmonary Exercise Testing
- Exercise and Coronary Artery Disease
- Exercise and Obesity
- Exercise and Type 2 Diabetes Mellitus
- Exercise and Hypertension
- Exercise and Stroke
- Exercise and Peripheral Arterial Disease
- Exercise and Chronic Obstructive Pulmonary Disease
- Exercise and Osteoporosis
- Exercise and Cancer
- Exercise and Aging
- Exercise and Depression
- Exercise Physiology: A New Healthcare Profession
- Exercise Medicine
- Entrepreneurship and Exercise Physiology

For Advertising Inquiries: Contact: marketing@benthamscience.org