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Rural Lifestyles, Community Well-Being and Social Change: Lessons from Country Australia for Global Citizens

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About the ebook

This edited eBook is a collection of articles that explores 'rural realities' of country life in Australia for global audiences interested in rurality, health and well-being. By transcending disciplinary-specific boundaries, this multi-disciplinary book not only presents contemporary challenges, but also equips readers with evidence-based knowledge to improve resilience in communities and individuals facing key issues such as aging, depression, disability, environmental degradation, limited service delivery and social isolation.

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- ▶ Social and Economic Change in Rural Communities: The Lachlan Region of New South Wales Between the 1920s and 1940s
- ▶ Resettling Refugees in Rural Areas: Africans, Burmese, Bhutanese and Afghans in the Riverina NSW, Australia
- ▶ The Impact of Rurality on Depression in Rural Australia: Socio- Cultural Reflections for Social Change
- ▶ Australian Mental Health Nursing: The Challenges of Working in Rural and Remote Communities

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